



# No Wi-Fi, No Problem: Four Trips Made for Disconnecting

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## The digital detox is having a moment.

### Down on the Ranch

At the 86-room [Rancho La Puerta](#), tucked into the foothills of Mount Kuchumaa just outside of Tecate, [Mexico](#), guests are encouraged to put down their phones: Using them is prohibited in public spaces, and Wi-Fi is available in designated areas for laptop use only. With sprawling gardens, nearly 50 fitness classes a day, and 40 miles of hiking trails, it's easy to ditch the devices. Guests build custom schedules based on their goals, drawing from a range of offerings including sound-healing sessions, water flow therapy, and postural awareness classes. Farm-to-table meals incorporate ingredients from the resort's organic garden – sign-up for the silent dinner, a quiet experience that allows for complete focus on the flavors. *Virtuoso travelers receive all meals and activities, plus a complimentary 50-minute massage and 30-minute herbal wrap.*

