

THE WEEK

THE WEEK RECOMMENDS

Four invigorating paths for solo travelers to take in 2025

New year, new opportunities to see the world on your very own terms



The world is the solo traveler's own special oyster. With no one else on the journey, you can stop and see whatever you want, eat when you want and spend the night where you want. Take full advantage of this freedom in 2025 by planning a trip that is all about your interests. Consider one — or all — of these four paths. They lead to the same ending: a fulfilling solo experience.

Focus on wellness

Staying at a wellness retreat ensures the quiet necessary to "reflect and connect" with yourself, [Essence](#) said. [Rancho La Puerta](#), an immersive wellness resort and spa in Mexico's Baja California, gives guests exactly

that. This "serene" sanctuary has been "rejuvenating body and soul for over 80 years," Locale Magazine said, with workshops, activities, evening entertainment and dining included in the rate. Situated at the base of Mount Kuchumaa, Rancho La Puerta's "vast property" is a "playground" for visitors, who can hike along the trails and meadows, practice yoga and swim in one of the resort's four pools.
