

Move Over, Pickleball And Padel: Guests Are Playing Mah Jongg At Posh Resorts

As Mah Jongg has become increasingly popular among Americans of all ages, luxury hotels and resorts are adding opportunities for guests to play or learn the game.



Given the most recent wave of interest in Mah Jongg, it's not surprising that the game has become a coveted amenity at luxury hotels and resorts.

Mah Jongg has been featured on morning talk shows, with Savannah Guthrie and Jenna Bush Hager (of the Today Show) professing their love for the game.

Celebrities like Julia Roberts, Jessica Parker, Mindy Kaling, Amy Poehler and Meagan Markle have publicly talked about playing Mah Jongg. It even appears on Instagram and TikTok threads, and there has been an explosion of Mah Jongg games in app stores.

Rancho La Puerta, in Tecate (Baja California, Mexico), has been family-owned and operated since 1940. The wellness resort and spa is considered one of the pioneers of the contemporary fitness and spa industry. It offers guests who return year after year transformative experiences and a sense of community.

The resort and spa have also become a Mah Jongg mecca. Toby Salk, who teaches Mah Jongg in the Bay Area, leads beginner retreats at Rancho La Puerta. Over the course of four 60-minute sessions Sunday through Wednesday, guests learn the basics of the game, focusing on tile recognition, rules, and strategy.