



Turn Inward & Find the Universe

Silent retreats, yoga intensives, and other “me time” musts.

Published: Jul 1, 2024



Rancho La Puerta

Tecata, Baja California, Mexico / Founded more than 80 years ago, Rancho La Puerta is considered the grand dame of wellness destinations: a 4,000-acre organic farm and spa resort that set the bar with its wi-fi-optional casitas, golden-hour hikes, classes for every interest (kickboxing, salsa, aerial yoga), and workshops on crafting a life with purpose. [rancholapuerta.com](https://www.rancholapuerta.com)

BOOK NOW ON TRIPADVISOR

