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Where We're Staying

September 15, 2026

Your Next Mexico Beach Trip Starts Here



Courtesy of Rancho La Puerta

Rancho La Puerta

For 85 years, Rancho La Puerta has been defining what wellness means from its 4,000-acre setting in Baja California. Founded as the world's first fitness resort, The Ranch still centers its experience around weeklong stays, giving guests time to settle into a rhythm of movement, rest, and fresh food. More than 50 fitness classes range from yoga to strength training, while miles of trails climb through the surrounding landscape at the base of Mount Kuchumaa. Cooking classes take place at La Cocina Que Canta, with meals drawing on seasonal ingredients from the resort's six-acre organic farm. Between activities, guests can book spa treatments or retreat to one of 86 casitas, where wood-beamed ceilings, hand-painted tiles, furnished patios, and museum-quality folk art reflect the region.

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