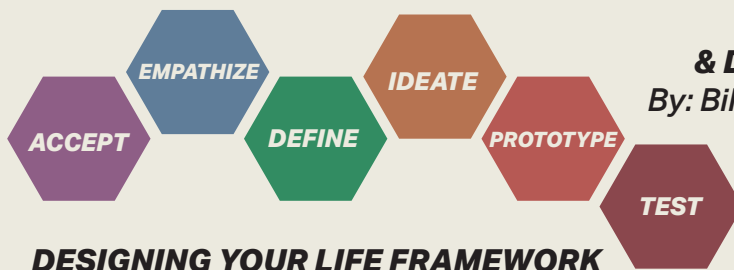


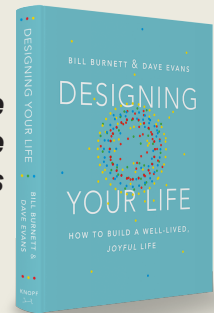
Curiosity Unleashed: Harnessing the Power of Inquiry

Designing your Life at Any Age and Stage

'The intentional creation of one's life to achieve personal fulfillment and purpose'
-Dave Evans



**Designing your life
& Designing your work life**
By: Bill Burnett and Dave Evans



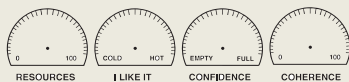
Design thinking: the mindsets of a designer

- Be curious. Get curious about people, work, and the world, because a designer always starts with a beginner's mind and asks "Why"?
- Try stuff. This is the bias to action step, where your curiosity and questions turn into action in the world.
- Reframe problems. Reframing is a big idea, and once you get good at it, you will never get stuck again.
 - Know it's a process
 - Ask for help: Radical Collaboration
 - Bonus step: Tell your story

Designers build their way forward. We need a dynamic process: life is unknown and things are always changing

Odessey Plans

"There is more than one version of you in there"



Ideation & choosing well
WHAT'S THE STORY?

"The empirical process of self and life discovery iterated to optimized outcome"
- Dave Evans

Maker mix:
Money making
Impact making
Expression making

THE GOOD WORK JOURNAL:

Autonomy – What did I initiate?
Relatedness – Who did I help?
Competence – What did I learn?