



organic spa
MEDIA CO.

2024 WELLNESS TRAVEL AWARDS



Best Solo



Rancho La Puerta Wellness Resort & Spa | MEXICO

Solo travelers will feel right at home at this retreat in Baja, California, designed to feed the body and soul. Rediscover yourself by hiking along the 40 miles of trails, wandering through acres of gardens, exploring the reflexology path, or winding your way through the labyrinth. Take a class at the cooking school and meet the chickens at the organic farm. At the spa, schedule a Water Flow Therapy treatment, get a mountain sage hot stone massage, and finish with an ancestral energy balance treatment to restore vibrancy.

rancholapuerta.com