

Week of February 22, 2025

Pickleball with Vicky Foster

Prime of Life Yoga with Larry Payne

Stay Flexible, in more ways than one! After you secure your spa appointments, try sketching out your personal program for an entire week, or take it day by day. Our Fitness Concierge is always ready to help you get the most out of your week. You'll soon discover many "don't miss!" experiences that inspire schedule changes.

Seek a balance when considering the many options for movement, nutrition, relaxation, entertainment, and learning.

Keep in mind a few guidelines for the week:

- We are a **"digital noise-free environment"**. Please turn off ringers and alerts on your devices. If you must answer or make a call, do so in the privacy of your room, or the Administration Building.

- **"Progressive"** classes are a continuum over several days. Your knowledge of that particular discipline *and* your fitness Level will grow with each passing day. If you miss the first day, don't despair; you can still drop in on subsequent days.

- **Sign ups** for classes are posted in the Main Lounge clipboards.

- **Classes are on a 1st come; 1st served** based on equipment availability.

- **Classes and activities begin on time and last 45 minutes unless noted otherwise.**

SATURDAY | FEBRUARY 22

6:15 ☐ **Mountain Hike: Professor's Trail** Challenging, 3.3 Miles, Gazebo

6:45 ☐ **Lowlands Hike: Woodlands Trail** 2 Miles, Gazebo

9:00 ☐ **Stretch** Pinetree

10:00 ☐ **Circuit Training** Azteca
☐ **Meditation** Milagro

11:00 ☐ **Pickleball Open Play**, unstaffed, please use proper footwear.
Pickleball Courts
☐ **Yoga: All Levels** Montaña

1:00 ☐ **Fitness Concierge** Dining Hall

2:00 ☐ **Core Express** (30 Min) Olmeca

3:00 ☐ **Stretch** Pinetree
☐ **Sound Healing** Oaktree

4:30 ☐ **Ranch Tour** (Recommended for 1st time guests) Gazebo

5:00 ☐ **First Time Guest Orientation** Olmeca
☐ **Returning Guest Update** Tolteca

6:45 ☐ **Meet the Presenters** Dining Hall

7:30 ☐ **Movie: The Upside** Library Lounge

8:00 ☐ **Frank Lloyd Wright, My Art and Me: An Unconventional Approach, with Pam Smilow** Olmeca

SUNDAY | FEBRUARY 23

Class spaces are limited to first come first served

6:15 ☐ **Mountain Hike: Pilgrim Trail** Advanced, 3.5 or 4.5 Miles, Gazebo

6:30 ☐ **Mountain Hike: Alex's Oak Trail** Moderate, 2 Miles, Gazebo

6:45 ☐ **Lowlands Hike: Woodlands Trail** 2 Miles, Gazebo

7:00 ☐ **Bird Walk** (60min) Gazebo

8:15 ☐ **Ranch Tour and Orientation** (recommended for 1st time guests)
Meet at the Main Entrance of Dining Hall
☐ **Fitness Concierge** (30 Min) Dining Hall

9:00 ☐ **Circuit Training**, Azteca
☐ **Full Body Strength: Level 2**, Olmeca
☐ **Meditation**, Oaktree
☐ **Pickleball Clinic: Beginner**, Pickleball Courts
☐ **Pilates: Mat Fundamentals Progressive**, Pinetree
☐ **Stretch**, Montaña
☐ **TRX Fundamentals** (also Th 10am), Tolteca

10:00 ☐ **Circuit Training**, Azteca
☐ **Dance: Latin Fusion**, Kuchumaa
☐ **Pickleball Clinic: Intermediate**, Pickleball Courts
☐ **Pilates: Mat Level 2**, Pinetree
☐ **Ranch Barre**, Olmeca
☐ **Ranch Cycle: All Levels**, Pai Pai
☐ **Yoga Level 2**, Montaña

11:00 ☐ **Cardio Muscle Blast: Level 2**, Azteca
☐ **Core & More**, Olmeca
☐ **Pilates: Reformer Fundamentals**, Pilates Studio
☐ **Postural Awareness**, Tolteca
☐ **Rebounder Balance & Core: Level 2**, Kuchumaa
☐ **Shallow Water Workout**, Activity Pool
☐ **Stretch**, Arroyo
☐ **Yoga Specialty** (75 min), Montaña
☐ **Tree of Life Art Workshop (up to 2 hours), with Pam Smilow** (Su 11am, M 9am, W11am) Art Studio

12:00 ☐ **Swim Stroke Clinic** (30 Min), Activity Pool

1:00 ☐ **GRIT: Corrective Exercise Therapy and Functional Fitness, with Andrew Buser, DC, CSCS** Olmeca
☐ **Water Flow Therapy Demo** South Pool

2:00 ☐ **Breathwork: Your Hidden Power: Lecture with Brighton Loughlin**, Olmeca
☐ **Cardio Drum Dance**, Kuchumaa
☐ **Deep Water Training**, Activity Pool
☐ **Pilates: Reformer Fundamentals**, Pilates Studio
☐ **Inner Fitness: Change Your Mind, Change Your Life, with Emily Boorstein** Arroyo

3:00 ☐ **Pilates: Reformer Fundamentals**, Pilates Studio
☐ **Ranch Ropes HIIT** (30 Min), Olmeca
☐ **Sound Healing**, Oaktree
☐ **Strength and Stretch with Stick Mobility**, Pinetree
☐ **Tai Chi**, Montana
☐ **TRX Core** (30 Min), Tolteca

4:00 ☐ **Foam Roller Recovery**, Tolteca
☐ **Restorative Yoga**, Montaña
☐ **Sound Healing**, Oaktree

4:30 ☐ **Live Music with Sergio Ramos** (60 Min), Bazar del Sol

7:30 ☐ **Movie: Wicked** Library Lounge

8:00 ☐ **Music for flute and piano by Dvorak and Schubert, with Elena Durán and Fernando Saint Martin** Oaktree

MONDAY | FEBRUARY 24

Class spaces are limited to first come first served

6:15 ☐ **Mountain Hike: Professor's Trail** Challenging, 3.3 Miles, Gazebo

6:30 ☐ **Meditation Hike: Dove Trail** 1.2 Miles, Gazebo

6:45 ☐ **Lowlands Hike: Quail Trail** Moderate, 2 or 2.5 Miles, Gazebo

9:00 ☐ **Barbell Strength: Level 2**, Tolteca
☐ **Circuit Training**, Azteca
☐ **Meditation**, Oaktree
☐ **Pilates: Mat Fundamentals Progressive**, Pinetree
☐ **Stretch**, Montaña
☐ **Tennis Clinic: Level 1**, Tennis Courts
☐ **Total Body Strength with Bands**, Olmeca
☐ **Tree of Life Art Workshop (up to 2 hours), with Pam Smilow** (Su 11, M9 am, W 11am) Art Studio

10:00 ☐ **BOSU® Core & More**, Olmeca
☐ **Circuit Training**, Azteca
☐ **Dance: Intro to Salsa**, Kuchumaa
☐ **H2O Boot Camp: Deep Water Workout**, Activity Pool
☐ **Pilates: Mat Level 2**, Pinetree
☐ **Tennis Clinic: Level 2**, Tennis Courts
☐ **Yoga Level 2**, Montaña

11:00 ☐ **Bungee Fitness: Advanced**, Sign Up, Utilizes a harness device, please wear long pants. Pinetree
☐ **Cycle Express** (30 Min), Pai Pai
☐ **Pickleball Clinic: Beginner**, Pickleball Courts
☐ **Pilates: Reformer Fundamentals**, Pilates Studio
☐ **Shallow Water Workout**, Activity Pool
☐ **Dynamic Mobilization for Active Agers**, Olmeca
☐ **TRX & Kettlebells**, Tolteca
☐ **Yoga Specialty** (75 min), Montaña
☐ **Drawing with Jennifer** (2 hrs), Art Studio
☐ **Nature Walk with Rob Larson** (60 min) Meet at Gazebo

1:00 ☐ **Chakra Health: Opening and Balancing Exercises for Your Energy Centers with Jonelle Rutkauskas**, Library Lounge
☐ **Secrets to Better Pickleball**, Tolteca

2:00 ☐ **Healthy Shoulder & Rotator Cuff Secrets**, Olmeca
☐ **Lowlands Hike: Woodlands Trail 2 Miles**, Gazebo
☐ **Pilates: Reformer Fundamentals**, Pilates Studio
☐ **Release & Mobilize**, Tolteca
☐ **Strength and Stretch with Stick Mobility**, Pinetree
☐ **Watercolor with Jennifer** (2 hrs), Art Studio
☐ **Inner Fitness: Healthy Inner Dialogue, with Emily Boorstein** Arroyo

3:00 ☐ **Pilates: Reformer Level 2**, Pilates Studio
☐ **Rebounder Express** (30 Min), Kuchumaa
☐ **Sound Healing**, Oaktree
☐ **Stability Ball** (30 Min), Olmeca
☐ **Spanish Lessons: Beginner's Progressive**, Library Lounge

4:00 ☐ **Inner Journey: Guided Meditation**, Arroyo
☐ **Stretch and Relax**, Montaña

4:30 ☐ **Guest Reception: Sangría & Guacamole**, Bazar del Sol

6:15 ☐ **Silent Dinner**, Sign up. Los Olivos (via Dining Hall balcony)

7:30 ☐ **Documentary: Kiss the Ground** (1.5 hr) Library Lounge

8:00 ☐ **"Music Is Medicine: You Fill Up My Senses" with Keith Macpherson** Oaktree

TUESDAY | FEBRUARY 25

Class spaces are limited to first come first served

6:05 ☐ **Organic Garden Breakfast Hike** Moderate, 4 Miles, Sign up with the Concierge. * Option to ride the van to and from the Ranch. * Option to tour Professor Park / RLP Foundation, back by 9am. Gazebo

6:15 ☐ **Mountain Hike: Coyote Trail** Advanced, 5.5 or 4 Miles, Gazebo
6:30 ☐ **Mountain Trail Run** 2-4 miles. Gazebo
☐ **Sunrise Yoga: All Levels** (60 Min), Montaña
6:45 ☐ **Lowlands Hike: Woodlands Trail** 2 Miles, Gazebo

7:00 ☐ **Bird Walk** (60min) Gazebo

9:00 ☐ **Bootcamp**, Kuchumaa
☐ **Functional Strength: All Levels**, Olmeca
☐ **Meditation**, Oaktree
☐ **Pickleball Clinic: Beginner**, Pickleball Courts
☐ **Pilates: Mat Fundamentals Progressive**, Pinetree
☐ **Postural Awareness**, Tolteca
☐ **Stretch**, Montaña

10:00 ☐ **Circuit Training**, Azteca
☐ **Dance: Move & Groove Funk!**, Kuchumaa
☐ **Immersive Breathwork Journey: Part 1 with Brighton**, Oaktree
☐ **Journaling for Joy**, Milagro
☐ **Pickleball Clinic: Intermediate**, Pickleball Courts
☐ **Pilates on the Stability Ball Level 2**, Olmeca
☐ **TRX Strength HIIT: Level 2** (also W 9am), Tolteca
☐ **Yoga Level 2**, Montaña

11:00 ☐ **Aqua Strength & Tone (Shallow Water Workout)**, Activity Pool
☐ **Cycle Express** (30 Min), Pai Pai
☐ **Kettlebells** (30 Min), Tolteca
☐ **Pilates: Reformer Fundamentals**, Pilates Studio
☐ **Strength & Stretch with Stick Mobility**, Pinetree
☐ **Stretch**, Oaktree
☐ **Yoga Specialty**, Montaña
☐ **Landscape Sketching with Jennifer** (120 Min) Art Studio
☐ **Hands-On Cooking Class: Ranch Originals: 85 Years of Flavor, with Chef Reyna**. Register at Ext. 640/625. Fee \$100. Return 2:30pm. Meet at Admin Bldg.

1:00 ☐ **Cooking Demo by Sous Chef Vivian Mercado**, Juice Bar
☐ **Documentary: Tree of Life, The Living Legacy of Edmond Szekely** (26 mins), Library Lounge

2:00 ☐ **Aerial Yoga: Level 1** Gentle-Low Hammock, please wear socks & short/long sleeves. Kuchumaa
☐ **Balance and Coordination**, Olmeca
☐ **Circuit Training**, Azteca
☐ **Deep Water Training**, Activity Pool
☐ **Pilates: Cadillac Fundamentals**, Pilates Studio
☐ **Watercolor Collage Cards with Jennifer** (2 Hrs) Art Studio
☐ **Inner Fitness: Emotions! How to Feel Fully and Communicate Wisely! with Emily Boorstein** Arroyo

3:00 ☐ **Core Express** (30 Min), Olmeca
☐ **Pilates: Reformer & Cadillac Combo**, Pilates Studio
☐ **Sound Healing**, Oaktree
☐ **Tai Chi**, Montaña
☐ **Spanish Lessons: Beginner's Progressive**, Library Lounge
☐ **85th Anniversary: Share your Ranch Story Workshop**, Milagro

4:00 ☐ **Foam Roller Recovery**, Tolteca
☐ **Mind-Flow 101: Mindfulness Through Improv**, Arroyo
☐ **Restorative Yoga**, Montaña
☐ **Hands-on Cooking Class with Visiting Teacher Helene Henderson** Register at Ext.640/625. Fee \$145. Return at 7:30pm. Admin Bldg.
☐ **Wine Tasting of Guadalupe Valley wines**, \$35 per person. Sign up by calling Ext.113 or Sign up in the Main Lounge. Bazar del Sol

5:00 ☐ **Harp Concert with Radha Botofasina** Main Lounge
☐ **1st Time Visitor's Reception with Barry Shingle, Director of Guest Experience**, Los Olivos

7:30 ☐ **Movie: Sight** Library Lounge

8:00 ☐ **Intermittent Fasting for Optimal Health, with Lucy Buckner** Olmeca

<u>MEAL HOURS</u>		<u>AVAILABLE FACILITIES WHEN NO CLASS IS IN SESSION</u>	
SATURDAY			
Breakfast	7:00 am to 9:00 am	Milagro - Meditation Room 6:00 am to 9:00 pm	
Lunch	11:30 am to 3:30 pm		
Dinner	5:30 pm to 7:30 pm		
SUNDAY THROUGH			
FRIDAY			
Breakfast	7:30 am to 9:00 am	Activity Pool - Lap Swim 7:00 am to 5:00 pm	
Lunch	12:00 pm to 1:30 pm		
Dinner	5:30 pm to 7:30 pm		
SNACK TIMES			
SUNDAY THROUGH FRIDAY			
Fruit	10:30 am	Azteca Gym - Weight Room Saturday: 6:30 am to 1:30 pm Sunday – Friday: 7:00 am to 5:00 pm	
Smoothies	2:45 pm		
Veggies/Juice	4:30 pm		

WEDNESDAY | FEBRUARY 26

- 6:05** **Organic Garden Breakfast Hike** Moderate, 4 Miles, Sign up with the Concierge, Gazebo
- 6:15** **Mountain Hike: Pilgrim Trail** Advanced, 3.5 or 4.5 Miles, Gazebo
- 6:45** **Lowlands Hike: Quail Trail** Moderate, 2 or 2.5 Miles, Gazebo
- 9:00** **Circuit Training**, Azteca
 Cardio Boxing, Kuchumaa
 Meditation, Oaktree
 Pilates: Mat Fundamentals Progressive, Pinetree
 Stretch, Montaña
 Tennis Clinic: Level 1, Tennis Courts
 TRX Strength HIIT: Level 2 (also Tu 10am), Tolteca
- 10:00** **Circuit Training**, Azteca
 Cycle Strength, Pai Pai
 Dance Burlesque, Kuchumaa
 Full Body Strength: Level 1, Olmeca
 H2O Boot Camp (Deep Water Workout), Activity Pool
 Pilates: Mat Level 2, Pinetree
 Tennis Clinic: Level 2, Tennis Courts
 Yoga: Level 2, Montaña
 Landscape Garden Walk Main Lounge
- 11:00** **Booty Blast** (30 Min), Olmeca
 Pickleball Clinic: Beginner, Pickleball Courts
 Pilates: Reformer Fundamentals, Pilates Studio
 Rebounder Express (30 Min), Kuchumaa
 Shallow Water Workout, Activity Pool
 Yoga Specialty, Montaña
 Nature Walk with Rob Larson (60 Min) Meet at Gazebo
 Tree of Life Art Workshop (up to 2 hours), with Pam Smilow (Su at 11am, M 9am, W 11am) Art Studio
- 1:00** **Friends of Bill W.** (12 steps - Participant-guided) Library Lounge
 Embracing an Eating Lifestyle for Longevity, with Lucy Buckner Olmeca
- 2:00** **Aerial Yoga: Level 1** Gentle-Low Hammock, please wear socks & short/long sleeves. Kuchumaa
 Mountain Hike: Alex Oak Trail 2 Miles, Gazebo
 Labyrinth, Labyrinth
 Pilates: Reformers Fundamentals, Pilates Studio
 Release & Mobilize, Tolteca
 Inner Fitness: How We Grow and Learn! with Emily Boorstein Arroyo
- 3:00** **Pilates: Reformer Level 2**, Pilates Studio
 Sound Healing, Oaktree
 Yoga Sculpt: Level 2, Olmeca
 Spanish Lessons: Beginner's Progressive, Library Lounge
- 4:00** **Inner Journey: Guided Meditation**, Arroyo
 Stretch and Relax, Montaña
 Hands-on Cooking Class with Visiting Teacher Helene Henderson. Register at Ext.640/625. Fee \$145. Return 7:30pm. Meet at Admin Bldg.
- 5:15** **Intention Tree & Stone Ceremony with David de la Paz.** Tree in front of Dining Hall
- 7:30** **Movie: One Life** Library Lounge
- 8:00** **An Evening with Deborah Szekely, Co-founder of Rancho La Puerta, and Sarah Livia Brightwood Szekely, President and CEO, Hosted by Barry Shingle, Director of Guest Experiences** Oaktree

THURSDAY | FEBRUARY 27

- 6:05** **Organic Garden Breakfast Hike** Moderate, 4 Miles, Sign up with the Concierge * Option to ride the van to and from the Ranch. * Option to tour Professor Park / RLP Foundation, back by 9am. Gazebo
- 6:10** **Mountain Hike: 7-Mile Breakfast** Advanced, Pre-Requisites, Sign up, Gazebo
- 6:15** **Mountain Hike: Professor's Trail** Challenging, 3.3 Miles, Gazebo
- 6:20** **Ruck: Weighted Hiking: Intermediate**, Sign up. 2 Miles, Gazebo
- 6:45** **Lowlands Hike: Woodlands Trail** 2 Miles, Gazebo
- 7:00** **Bird Walk** (60 Min) Gazebo
- 9:00** **Full Body Strength: Level 2**, Olmeca
 Meditation, Oaktree
 Pickleball Clinic: Beginner, Pickleball Courts
 Pilates: Mat Fundamentals Progressive, Pinetree
 Stretch, Montaña
 TRX Fundamentals, Tolteca
- 10:00** **Chant**, Milagro
 Circuit Training, Azteca
 Dance: Cardio Hip Hop Bodyrock, Kuchumaa
 Immersive Breathwork Journey: Part 2 with Brighton, Oaktree
 Pickleball Clinic: Intermediate, Pickleball Courts
 Pilates: Arc Barrel Levels 2, Pinetree
 Ranch Barre, Olmeca
 Yoga: Level 2, Montaña
- 10:30** **Valle de Guadalupe Tour: Pijoan Vineyard & Adobe Guadalupe** Register at Ext.640/625. Return 5:30 pm. \$290 per person. Meet at Admin Bldg.
- 11:00** **Aqua Strength & Tone (Shallow Water Workout)**, Activity Pool
 Booty Blast (30 Min), Olmeca
 Bungee Fitness: Advanced. Sign Up. Utilizes a harness device, please wear long pants. Pinetree
 Cycle Hip Hop (30 Min), Pai Pai
 Pilates Reformer Fundamentals, Pilates Studio
 Stretch, Oaktree
 Yoga Specialty, Montaña
 Ranch History Walk: Explore the Roots of the Ranch with Rob Larson Gazebo
- 12:00** **Lunch with Fundación La Puerta: You are invited to learn about our recent work in the Tecate community.** Sign up. Dining Hall at the Patio Terrace
- 12:30** **Yarn Painting Demo with Tim Hinchliff** Dining Hall entrance
- 1:00** **The Fork's Influence: Eating for Longevity and Vitality, with Lucy Buckner** Olmeca
 Yarn Painting/Soft Mosaic Workshop with Tim Hinchliff Sign up, Fee for Art Kit \$70, Dining Hall Balcony
- 2:00** **Balance and Coordination**, Olmeca
 Circuit Training, Azteca
 Deep Water Training, Activity Pool
 Pilates: Cadillac Fundamentals, Pilates Studio
 Inner Fitness: Create and Manifest Your Best Life, with Emily Boorstein Arroyo
- 3:00** **Pilates: Reformer & Cadillac Combo**, Pilates Studio
 Sound Healing, Oaktree
 Strength & Stretch with Stick Mobility, Pinetree
 TRX Core (30 Min), Tolteca
 Spanish Lessons: Beginner's Progressive, Library Lounge
- 4:00** **Foam Roller Recovery**, Tolteca
 Yoga Nidra, Oaktree
 Art, Stories and Poetry, with Tim Hinchliff 90 mins, Bazar del Sol
- 5:00** **Farm-to-Table Dining Experience with Visiting Teacher Helen Henderson and Chef Reyna Venegas.** Register at Ext. 640/625. Fee \$150. Return 7:30 p.m. Meet at Admin Bldg.
- 7:00** **Candlelight Yoga & Meditation with Renee K.**, Montaña
- 7:30** **Prayer Arrows with Tim Hinchliff**, Main Lounge
 Movie: The Boys in the Boat Library Lounge
- 8:00** **Concert: From Bach to Glass, with Fernando Saint Martin, piano** Oaktree

FRIDAY | FEBRUARY 28

Please confirm your transportation at the Admin Building or Concierge Desk

- 6:05** **Organic Garden Breakfast Hike** Moderate, 4 Miles, Sign up with the Concierge. * Option: to stay and work in the Garden with Salvador 8 to 10am Will Walk to the Garden and Van back to the Ranch (F only) Gazebo
- 6:15** **Mountain Hike: Coyote Trail** Advanced, 5.5 or 4 Miles, Gazebo
- 6:30** **Mountain Meditation Hike: Alex Oak** Moderate, 2 Miles, Gazebo
- 6:45** **Lowlands Hike: Quail Trail** Moderate, 2 or 2.5 Miles, Gazebo
- 9:00** **Barbell Strength: Level 2**, Tolteca
 BOSU@ Core & More, Olmeca
 Circuit Training, Azteca
 Meditation, Oaktree
 Pickleball Tournament: All Levels (2 Hours), Pickleball Courts
 Pilates: Mat Fundamentals Progressive, Pinetree
 Stretch, Montaña
- 10:00** **Circuit Training**, Azteca
 Dance: Cardio Hip Hop 90's, Kuchumaa
 Full Body Strength: Level 2, Olmeca
 Pilates: Mat Level 2, Pinetree
 Ranch Cycle: All Levels, Pai Pai
 Yoga: Level 2, Montaña
- 11:00** **BOSU@ & Ropes: Level 2** (30 Min), Olmeca
 Cardio Drum Dance, Kuchumaa
 Kettlebells (30 Min), Tolteca
 Pilates: Reformer Fundamentals, Pilates Studio
 Shallow Water Workout, Activity Pool
 Yoga Specialty, Montaña
 Indigenous Wisdom Walk with Norma Meza (120min) Meet Outside Kuchumaa Gym
 Make an Ancestor Altar with Jennifer (2 Hrs) Art Studio
- 11:30** **Mercado's Craft Sale** ongoing until 2:30 pm, Mercado
- 1:00** **Take the Ranch Home**, Tolteca
 Cultivating a Longevity-Focused Lifestyle, with Lucy Buckner Olmeca
 Documentary: Tree of Life, The Living Legacy of Edmond Szekely (26 mins) Library Lounge
- 2:00** **Aerial Yoga: Level 1** Gentle (Low Hammock), please wear socks & short/long-sleeved shirts. Kuchumaa
 Pilates: Reformer Fundamentals, Pilates Studio
 TRX Flexibility, Tolteca
 Mandala with Jennifer (60 Min) Art Studio
- 2:45** **Live Music and Smoothies** Juice Bar
- 3:00** **Sound Healing**, Oaktree
 Stability Ball (30 Min), Olmeca
 Spanish Lessons: Beginner's Progressive, Library Lounge
- 4:00** **Inner Journey: Guided Meditation**, Arroyo
 Stretch & Relax, Montaña
- 6:00** **Live Music with Rancho La Puerta Fiesta Band** (2 Hrs), Dining Hall
- 6:15** **Shabbat Ceremony** (led by guests), Los Olivos
- 7:30** **Movie: Conclave** Library Lounge
 Candlelight Labyrinth with Jennifer D., Labyrinth

Tomorrow's Saturday schedule can be found on bulletin boards in the Main Lounge, Concierge, Front Desk and the Dining Hall